



Nu Wave Swim Club: Splash Meet

January 26, 2019

Isidore Newman School Pool

Sanction: Held under the sanction of USA Swimming and Louisiana Swimming Inc. #2019-01-02
In granting this sanction, it is understood and agreed that USA Swimming and Louisiana Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Location: Isidore Newman School
1903 Jefferson Ave, New Orleans, LA 70115

Facility: Indoor, Heated, 6 lane 25 yard pool with non-turbulent lane ropes. Pool depth: 9.75 feet in the deep end, 3.75 feet in shallow end. The competitive course has not been certified in accordance with USA Swimming Technical Rule 104.2.2C(4).

Timing: Primary system will be manual with 2 digital watches per lane.

Meet Director: Scott Robinson- strobison1@aol.com

Meet Referee: Tony Zhang- hzhang70@gmail.com

Entry Chair: Ross Hedrick- nuwaveswimclub@gmail.com

Rules:

- Current 2019 USA Swimming rules will govern the procedure of this meet. The Meet Referee has final authority on the conduct of the meet.
- All events will be conducted as timed finals. All events will be seeded and run fastest to slowest.
- Deck entries will be allowed at the discretion of the Meet Director and the approval of the Meet Referee, and permitted for swimmers who are currently entered in the meet. No additional heats will be created to accommodate additional swims, and events will not be reseeded.
- Coaches are required to monitor their swimmers during warm-ups, competition and warm-down. During warm-ups, swimmers are required to enter the water feet first.
- Any swimmer, entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. In accordance to Safe Sports best practices, photography will not be allowed behind the starting blocks.
- All coaches and officials MUST constantly display their current USA Swimming credential or be prepared to present their USA Swimming ID card as proof of their registration to the Meet Director or designee at

any time. The Meet Referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.

- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- All meet directors, referees, starters and stroke judges, serving in an official capacity must be members of USA Swimming.
- Flyover Starts: Swimmers should remain in the pool after completing their race until the next race has begun, then quickly exit the pool. Unless, timelines dictate that we slow down the flow of the meet.
- Events of 25 yards will be started from the starting blocks. Timers will move to the shallow end.

Eligibility: Open to all swimmers holding a 2019 USA Swimming membership card. Any swimmer that appears on the LSI exceptions report without registration must come to the meet prepared to show their card. NO deck registrations will be accepted on the day of the meet. Age as of January 26, 2019 will determine a swimmer's age for the meet.

Entries: Swimmers are allowed to compete in up to 4 individual events. "NT's" are allowed for any event. This meet will be limited to the first 100 entered swimmers.

Please email entries via Team Manager or Team Unify files to the Entry Chair.

The entry deadline is Sunday, January 20 by 7:00 pm. Entries will be accepted in order of delivery.

Entry Fees: \$3.50 per individual event and \$8 Swimmer Registration Fee (includes the \$5 Louisiana Surcharge and a digital heat sheet). **Late entries will be accepted at the discretion of the meet director, and only with proof of current USAS registration. No new heats will be created to accommodate late entries.** Make checks payable to: **Swim New Orleans**, 109 Glenwood Ave, Harahan, LA 70123.

Disability: Swimmers with a disability as described in the USA Swimming technical rules, Article 105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc.

LSI Exceptions: Any USAS/LSI registration errors must be corrected by Wednesday, January 23, 2019 through the entry chair. Teams will be notified via email regarding registration errors.

Awards: Heat Winners.

Timers: Teams will be assigned timing assignments by Wednesday, January 23, 2019.

Warm-ups:

- Warm-up will be conducted in accordance with Louisiana Swimming Inc. established procedures. The procedure for 3-point entry into the water will be strictly enforced.
- Coaches will be responsible for the conduct and safety of their swimmers.
- **Article 202.3.2:** At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.
- All swimmers at the meet without a coach must report to the Meet Director or Meet Referee to make arrangements for such supervision.
- Official warm-up times/assignments will be sent to each team by Wednesday, January 23, 2019.

Hospitality: Coaches and officials will be provided hospitality.

Meet Schedule:

Saturday, January 26

Warm-up- 10:30-10:55 am

Meet-11:00 am

Order of Events

<u>Event</u>	<u>Description</u>
#1	Mixed 10&U 25 Free
#2	Mixed Open 50 Free
#3	Mixed 10&U 25 Back
#4	Mixed 14&U 50 Back
#5	Mixed Open 100 Back
#6	Mixed 14&U 100 IM
#7	Mixed Open 200 IM
#8	Mixed 10&U 25 Breast
#9	Mixed 14&U 50 Breast
#10	Mixed Open 100 Breast
#11	Mixed 10&U 25 Fly
#12	Mixed 14&U 50 Fly
#13	Mixed Open 100 Fly
#14	Mixed Open 100 Free