



NU WAVE SWIM CLUB

SPRINT ELIMINATOR

January 5, 2019

UNO Lakefront Arena

- Sanction:** Held under the sanction of USA Swimming and Louisiana Swimming Inc. #2019-01-03
In granting this sanction, it is understood and agreed that USA Swimming and Louisiana Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Location:** UNO Lakefront Arena
6801 Franklin Ave, New Orleans, LA 70122
- Facility:** Indoor, Heated, 8 lane 50 meter pool with non-turbulent lane ropes. Pool depth: 16 feet in deep end, 4 feet in shallow end. A separate warm up area is available in the outdoor 25 yard pool. The competitive course has been certified in accordance with USA Swimming Technical Rule 104.2.2C(4).
- Timing:** Colorado automatic timing system with touch pads will be the primary system. Secondary system will be manual / electronic with 1 button and 1 digital watch per lane.
- Meet Director:** Ross Hedrick- nuwaveswimclub@gmail.com
- Meet Referee:** Tony Zhang- hzhang70@gmail.com
- Entry Chair:** Ross Hedrick- nuwaveswimclub@gmail.com
- Rules:**
- Current 2019 USA Swimming rules will govern the procedure of this meet. The Meet Referee has final authority on the conduct of the meet.
 - All events will be conducted as prelims/semis/finals. All events will be seeded and run slowest to fastest.
 - Deck entries will be allowed at the discretion of the Meet Director and the approval of the Meet Referee, and with proof of current USAS registration. No additional heats will be created to accommodate additional swims, and events will not be reseeded.
 - Coaches are required to monitor their swimmers during warm-ups, competition and warm-down. During warm-ups, swimmers are required to enter the water feet first.
 - Any swimmer, entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
 - Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. In accordance to Safe Sports best practices, photography will not be allowed behind the starting blocks.

- All coaches and officials MUST constantly display their current USA Swimming credential or be prepared to present their USA Swimming ID card as proof of their registration to the Meet Director or designee at any time. The Meet Referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- All meet directors, referees, starters and stroke judges, serving in an official capacity must be members of USA Swimming.
- Flyover Starts: Swimmers should remain in the pool after completing their race until the next race has begun, then quickly exit the pool. Unless, timelines dictate that we slow down the flow of the meet.

Elimination

Format: All swimmers will compete in each entered event with the Top 8 moving along to a Semi-final heat to be conducted later in the session. The Top 3 performers from each Semi-final heat will compete in the Finals to determine the Overall Sprint Champion. Schedule of start times listed below.

Eligibility: Open to all swimmers holding a 2019 USA Swimming membership card. Any swimmer that appears on the LSI exceptions report without registration must come to the meet prepared to show their card. NO deck registrations will be accepted on the day of the meet. Age as of January 5, 2019 will determine a swimmer's age for the meet.

Entries: Swimmers are allowed to compete in up to 3 individual events. "NT's" are allowed for any event. This meet will be limited to the first 300 entered swimmers.

Please email entries via Team Manager or Team Unify files to the Entry Chair.

The entry deadline is Friday, December 28 by 7:00 pm. Entries will be accepted in order of delivery.

Entry Fees: \$3.50 per individual event and \$20 Swimmer Registration Fee (includes the \$5 Louisiana Surcharge and a digital heat sheet). **Late entries will be accepted at the discretion of the meet director, and only with proof of current USAS registration. No new heats will be created to accommodate late entries.** Make checks payable to: **Swim New Orleans**, 109 Glenwood Ave, Harahan, LA 70123.

Disability: Swimmers with a disability as described in the USA Swimming technical rules, Article 105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc.

LSI Exceptions: Any USAS/LSI registration errors must be corrected by Wednesday, January 2, 2019 through the entry chair. Teams will be notified via email regarding registration errors.

Awards: Overall winner of each event wins Overall Sprint Champion Medal.

Timers: Teams will be assigned timing assignments by Wednesday, January 2, 2019.

Warm-ups:

- Warm-up will be conducted in accordance with Louisiana Swimming Inc. established procedures. The procedure for 3-point entry into the water will be strictly enforced.
- Coaches will be responsible for the conduct and safety of their swimmers.
- **Article 202.3.2:** At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.

- All swimmers at the meet without a coach must report to the Meet Director or Meet Referee to make arrangements for such supervision.
- Official warm-up times/assignments will be sent to each team by Wednesday, January 2, 2019.

Hospitality: Coaches and officials will be provided hospitality.

Concessions: Will be provided by Nu Wave Swim Club during event.

Meet Schedule: Saturday, January 5

Open Warm-up 10:00-10:35 am

Meet Start 10:40 am

Schedule: We will create an events start time to allow swimmers the ability to plan for each race. Start times will be sent to each participating team once all entries have been received.

****The competition pool will be open for warm-up/warm-down during all breaks in the action as long as that break is at least 2 minutes long.***

<u>Event</u>	<u>Description</u>	<u>Event</u>
#1	12&U 100Y IM	#2
#3	OPEN 100Y IM	#4
#5	12&U 50Y FLY	#6
#7	OPEN 50Y FLY	#8
#9	OPEN 100Y FLY	#10
#11	12&U 50Y BACK	#12
#13	OPEN 50Y BACK	#14
#15	OPEN 100Y BACK	#16
#17	12&U 50Y BREAST	#18
#19	OPEN 50Y BREAST	#20
#21	OPEN 100Y BREAST	#22
#23	12&U 50Y FREE	#24
#25	OPEN 50Y FREE	#26
#27	OPEN 100Y FREE	#28