



Nu Wave Swim Club

"Fall SC Open"

November 2-4, 2018

UNO Lakefront Arena

- Sanction:** Held under the sanction of USA Swimming and Louisiana Swimming Inc. #2018-
In granting this sanction, it is understood and agreed that USA Swimming and Louisiana Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Location:** UNO Lakefront Arena
6801 Franklin Ave, New Orleans, LA 70122
- Facility:** Indoor, Heated, 8 lane 50 meter pool with non-turbulent lane ropes. Pool depth: 16 feet in deep end, 4 feet in shallow end and 7 feet at the bulkhead. Separate warm up area is available across from the competition course. The competitive course has been certified in accordance with USA Swimming Technical Rule 104.2.2C(4).
- Timing:** Colorado automatic timing system with touch pads will be the primary system. Secondary system will be manual / electronic with 1 button and 1 digital watch per lane.
- Meet Director:** Ross Hedrick- nuwaveswimclub@gmail.com
- Meet Referee:** Melanie Korndorffer, mkorndor@gmail.com or Tony Zhang, hzhang70@gmail.com
- Entry Chair:** Ross Hedrick- nuwaveswimclub@gmail.com
- Rules:**
- Current 2018 USA Swimming rules will govern the procedure of this meet. The Meet Referee has final authority on the conduct of the meet.
 - 10&U and 11-12 events that are 100 yards and shorter will be conducted as Prelims in the morning sessions and Finals in the evening sessions, with the exception of the 50 Free on Friday pm.
 - A/B Finals (Top 16) will be conducted in the prelim/final events.
 - 10&U, 11-12 200Y Free/IM and 12&U 500Y Free will be conducted as timed finals. The Top 16 seeded swimmers in the 200 Free and 200 IM will compete in Finals.
 - 10&U and 11-12 50Y Free on Friday evening will be conducted as prelim/final event within the same session. The 50Y Free A/B Finals will compete after the top two heats of the Open 1000 Free (Ev #9-10).
 - All 11&O, 13&O and Open events will be conducted as timed finals.
 - All events will be run slowest to fastest with the exception of the 11&O 1000 Free.
 - Deck entries will be allowed at the discretion of the Meet Director and the approval of the Meet

Referee, and permitted for swimmers who can prove current USAS registration. No additional heats will be created to accommodate additional swims, and events will not be reseeded.

- Coaches are required to monitor their swimmers during warm-ups, competition and warm-down. During warm-ups, swimmers are required to enter the water feet first.
- Any swimmer, entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- All coaches and officials MUST be prepared to present their USA Swimming ID card as proof of their registration to the Meet Director or designee at any time. The Meet Referee reserves the right to ask for coach credential and deny deck access if coach does not comply or card is no longer valid or current.
- All meet directors, referees, starters and stroke judges, serving in an official capacity must be members of USA Swimming.
- Flyover Starts: Swimmers should remain in the pool after completing their race until the next race has begun, then quickly exit the pool.

Eligibility: Open to all swimmers holding a 2018 USA Swimming membership card. Any swimmer that appears on the LSI exceptions report without registration must come to the meet prepared to show proof of registration. The exception report will be sent on Monday, October 29. NO deck registrations will be accepted on the day of the meet. Age as of November 2, 2018 will determine a swimmer's age for the meet.

Entries: Swimmers are allowed to compete in up to 3 individual events and 1 relay per day with a maximum of 7 individual swims and 2 relay swims for the meet. **Friday pm is limited to 2 individual swims.** This meet will be limited to stay under the USAS recommended 4-hour rule for 12&U sessions.

Please email entries via Team Manager or Team Unify files to the Entry Chair.

The entry deadline is Wednesday, October 24 by 7:00 pm. Entries will be accepted in order of delivery.

Entry Fees: \$3.50* per individual entry, \$8.00 per relay entry and \$20.00 athlete registration fee (which includes the \$8 Louisiana Swimming surcharge and digital heat sheet for prelims, timed finals and finals sessions). **Swimmers entering a prelim/final event will be charged and additional processing fee of \$1.50 per individual splash.* **Late entries will be accepted at the discretion of the Meet Director and Meet Referee, and only with proof of current USAS registration. Late entries will cost \$10.00 per individual event/\$15 per relay. No new heats will be created to accommodate late entries.**

Make checks payable to: **Swim New Orleans**, 109 Glenwood Ave, Harahan, LA 70123.

LSI Exceptions: Any USAS/LSI registration errors must be corrected by Wednesday, October 31 through the entry chair. Teams will be notified via email regarding registration errors.

Scratch Rule: Swimmers will have 30 minutes after the announcements of preliminary event results to declare their intent to scratch.

This meet will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rules and Procedures: Regulations. Coaches must declare a false start/scratch of the athlete in the preliminary event. The penalty for failure to compete in an individual preliminary heat in which a swimmer is entered and has not been scratched will be that a team coach must confirm all future swims for that

swimmer with the Clerk of Course or Meet Referee. The Scratch Rule regarding confirmation of swimmers for the Consolation Finals and Finals and for deck seeded Timed Finals will be implemented.

Any finalist who fails to compete at finals, consolation finals or any other bonus final heat, for which he has qualified and failed to scratch with the Clerk of Course or Meet Referee prior to the scratch deadline, shall be banned from further competition in the meet in accordance with the USA Swimming Rules and Regulation, unless a fine of \$20 is paid to the meet administrator.

Safe Sport:

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. In accordance to Safe Sports best practices, photography will not be allowed behind the starting blocks.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- The pool and locker rooms are public facilities shared with community members. Any concerns should be reported to the meet director or facility manager.

Disability:

Swimmers with a disability as described in the USA Swimming technical rules, Article 105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc. Any request for equipment or accommodations should be made at the time of entry submission.

Awards:

Ribbons will be awarded to the Top 8 finishers in each individual event. Age groups will not be divided when placed (example: any 8 year-old swimmer competing in a 12&U event will be awarded with all swimmers in that event). There will be no scoring at this meet.

Timers:

Teams will be assigned timing assignments by Wednesday, October 31. Assignments will be sent to participating teams and posted on the Nu Wave Swim Club website: www.nolaswimming.com

500/1000 Free: Swimmers competing in the 12&U 500 Free and 11&O 1000 Free must provide their own counters. Any heats after the top two of the 11&O 1000 Free must provide their own timers.

Warm-ups:

- Warm-up will be conducted in accordance with Louisiana Swimming Inc. established procedures. The procedure for 3-point entry into the water will be strictly enforced.
- Coaches will be responsible for the conduct and safety of their swimmers.
- **Article 202.3.2:** At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.
- All swimmers at the meet without a coach must report to the Meet Director or Meet Referee to make arrangements for such supervision.
- Official warm-ups times/assignments will be sent to each team by Wednesday, October 31. Assignments will be sent to participating teams and posted on the Nu Wave Swim Club website: www.nolaswimming.com

Meet Schedule:

	<u>Friday, November 2</u>		
Session 1	All Ages	Warm-up 4:45-5:20 pm	Meet 5:30 pm
	<u>Saturday, November 3</u>		
Session 2	12&U Prelims	Warm-up 8:00-8:50 am	Meet 9:00 am
Session 3*	13&O Timed Finals	Warm-up 12:00-12:50 pm*	Meet 1:00 pm*

Session 4* 12&U Finals Warm-up 3:30-4:00 pm* Meet 4:10 pm*
**Session 3 warm-up and meet start time will not begin before 12:00/1:00 pm.*
**Session 4 warm-up and meet start time will not begin before 3:30/4:10 pm.*
**Final warm-up and start times will be announce by Wednesday, October 31 and determined based on entries/timelines.*

Sunday, November 4

Session 5 12&U Prelims Warm-up 8:00-8:50 am Meet 9:00 am
Session 6* 13&O Timed Finals Warm-up 12:00-12:50 pm* Meet 1:00 pm*
Session 7* 12&U Finals Warm-up 3:30-4:00 pm* Meet 4:10 pm*
**Session 6 warm-up and meet start time will not begin before 12:00/1:00 pm.*
**Session 7 warm-up and meet start time will not begin before 3:30/4:10 pm.*
**Final warm-up and start times will be announce by Wednesday, October 31 and determined based on entries/timelines.*

Concessions: Concessions will be provided by Nu Wave Swim Club throughout the event.

Hospitality: Coaches and officials will be provided hospitality by Nu Wave Swim Club volunteers. Timers will have drinks brought out throughout each session.

2018 Nu Wave Fall SC Open

Friday, November 2- Sunday, November 4

Order of Events

Friday Evening (Session 1)

1	10&U 50Y Free@	2
3	11-12 50Y Free@	4
5	11&O 400Y IM	6
7	12&U 500Y Free	8
9	11&O 1000Y Free	10

@The 10&U and 11-12 50Y Free will be conducted as a Prelim/Final event within the Friday evening session with the Top 16 in each age group and gender competing after the top two heats of the 11&O 1000Y Free (Ev #9-10). Swimmers will have 30 minutes after announcement of results to declare their intention to scratch.

Saturday Morning (Session 2)

11	10&U 200 Free Relay	12
13	12&U 200 Free Relay	14
5:00 Break		
15	10&U 200Y Free*	16
17	11-12 200Y Free*	18
19	10&U 50Y Fly	20
21	11-12 50 Fly	22
23	10&U 100Y Breast	24
25	11-12 100Y Breast	26
27	10&U 50Y Back	28
29	11-12 50Y Back	30
31	10&U 100Y IM	32
33	11-12 100Y IM	34

Sunday Morning (Session 5)

51	10&U 200 Med Relay	52
53	12&U 200 Med Relay	54
5:00 Break		
55	10&U 200Y IM*	56
57	11-12 200Y IM*	58
59	10&U 50Y Breast	60
61	11-12 50Y Breast	62
63	10&U 100Y Back	64
65	11-12 100Y Back	66
67	10&U 100Y Fly	68
69	11-12 100Y Fly	70
71	10&U 100Y Free	72
73	11-12 100Y Free	74

Saturday Afternoon (Session 3)

35	13&O 200 Mixed Medley Relay <2 male/2 female swimmers>	
5:00 Break		
37	13&O 200 Back	38
39	13&O 50 Breast	40
41	13&O 100 Free	42
43	13&O 100 Fly	44
45	13&O 200 Breast	46
47	13&O 50 Back	48
49	13&O 500 Free	50

Sunday Afternoon (Session 6)

75	13&O 200 Mixed Free Relay <2 male/2 female swimmers>	
5:00 Break		
77	13&O 200 Fly	78
79	13&O 50 Free	80
81	13&O 100 Breast	82
83	13&O 200 IM	84
85	13&O 100 Back	86
87	13&O 50 Fly	88
89	13&O 200 Free	90

Saturday Evening (Session 4)

15	10&U 200Y Free*	16
17	11-12 200Y Free*	18
19	10&U 50Y Fly	20
21	11-12 50Y Fly	22
23	10&U 100Y Breast	24
25	11-12 100Y Breast	26
27	10&U 50Y Back	28
29	11-12 50Y Back	30
31	10&U 100Y IM	32
33	11-12 100Y IM	34

Sunday Evening (Session 7)

55	10&U 200Y IM*	56
57	11-12 200Y IM*	58
59	10&U 50Y Breast	60
61	11-12 50Y Breast	62
63	10&U 100Y Back	64
65	11-12 100Y Back	66
67	10&U 100Y Fly	68
69	11-12 100Y Fly	70
71	10&U 100Y Free	72
73	11-12 100Y Free	74

Notes:

All 10&U and 12&U relays in Session #2 and 5 will be conducted as Timed Finals in the morning sessions.

*The 200 Free and 200 IM will be swum as a timed final event in the regular meet event order. The Top 16 male and female pre-seeded swimmers in the 10&U and 11-12 age groups will swim in the Finals session. All other swimmers will swim in the Preliminary session. The Preliminary session heats will be conducted as slowest to fastest.